

## **Oral changes in elderly people: short guidance**

### **Abstract**

Brazil is facing changes in the age structure of its population due to significant increase in the elderly population. This change demands professionals integrally focused on healthcare, mainly dental surgeons. Aging, which is a natural and physiological process, triggers morphophysiological changes in the oral cavity, and it directly influences elderly people's health and quality of life. The present study aims to approach the main changes in the oral cavity and in the dental structures that come along with the aging process. The study was performed through literature review and may provide professionals in this field with greater knowledge about the subject. Accordingly, it is extremely important that geriatric dentistry professionals get to know these oral changes and to understand their impact on oral health and on the welfare of this specific population.

**Descriptors:** Oral Health. Geriatric Dentistry. Health of the Elderly.

Malheiros VS, Miranda AF. Alterações bucais no idoso: Breves orientações. R Odontol Planal Cent. 2016 Jan-Jun;6(1):11-7.