

## **The Atraumatic Restorative Treatment as public health program**

### **Abstract**

The Atraumatic Restorative Treatment, known as ART, is a simplified technique of treatment that consist in removing the carious tissue using manual tools and restoration of the cavity with glass ionomer chemically active. The present study covers the main characteristics as a program. The program consist in informing the patient,controlling diet, provide oral hygiene instruction, implement effective prevention methods, such as fluorine and together with the other methods prevention and control of caries disease. Insert the ART, as a program, public health becomes an alternative that promote a better health. As the results obtained from the research conducted using the Atraumatic Restorative Treatment is very recent, the method should be the target of further investigations, including clinical, laboratory, behavioral and economic studies. Thus, the aim of this study was to review the literature on the Atraumatic Restorative Treatment, highlighting their characteristics, indications, advantages, limitations, acceptance and its importance as a program.

**Key-words:** Dental atraumatic restorative treatment. Public health. Secondary prevention. Health promotion.

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